



SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING

Report on Poshan Pakhwada Abhiyan

Date and Day: 18th April 2022, Monday

Venue: K.E.M. Hospital

Participants: Fourth year Basic BSc Nursing Students

FLYER OF THE PROGRAM



Under **IQAC AND EXTENSION ACIVITIES** the College participated in the “**Poshan Pakhwada Abhiyan**” in collaboration with NSS at K.E.M. Hospital (Antenatal OPD) on 18th April 2022, Monday at 01.30Pm to 02.30 Pm.

Aims:-

- ❖ To Improve Nutritional outcomes for children, pregnant women and lactating mothers.

Objective:-

- ❖ Prevent and reduce Stunting in children (0- 6 years)
- ❖ Prevent and reduce under-nutrition (underweight prevalence) in children (0-6 years)
- ❖ Reduce the prevalence of anemia among young Children(6-59 months)
- ❖ Reduce the prevalence of anemia among Women and Adolescent Girls in the age group of 15-49 years
- ❖ Reduce Low Birth Weight (LBW)



SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING

PROCEEDINGS OF THE PROGRAM

Poshan Pakhwada Abhiyan was organized in collaboration with NSS at K.E.M. Hospital (Antenatal OPD) on 18th April 2022, Monday at 01.30Pm to 02.30 Pm. 10 Fourth year Basic BSc Nursing Students along with faculty Ms. Priyanka Gomle and Ms. Sunita Sargar, actively participated in the activity. The activity is carried out under the Swasth Bharat Preraks governmental Project in order to create a significant impact on the state of health of pregnant women's and healthy child.

The activity began at 01.30Pm with the welcome of all the Antenatal mothers by Fourth year Basic BSc Nursing Students. Then they performed role play on Antenatal diet, also they have prepared A.V Aids on Antenatal care. They discussed about the Do's and Don'ts regarding pregnancy. Even they cleared the myths followed by people from generation to generation related to pregnancy and new born care. At the end of the program student distributed the pamphlets to all Antenatal mothers. To improve their day to day Diet. The session was concluded with feedback from the Antenatal mothers and followed by question answer session.



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

GLIMPSES OF POSHAN PAKHWADA ABHIYAN





**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**